



**Rocky River**  
CITY SCHOOL DISTRICT  
Caring • Exceptional • Competitive

# Rocky River High School

## Hybrid Schedule

RRHS is entering its fourth week of instruction in the hybrid model. So far, things have gone well in regards to COVID-19 and we are hoping that trend continues. We wanted to thank all parents and students for continuing with the daily symptom checks and for complying with our new policies and procedures.

## Parent-Teacher Conferences

Parent-Teacher conferences will take place on November 12 from 1:00-8:30 p.m. All conferences will be held via Zoom in 10 minute increments. Please register for conferences [here](#).

## Student Gallup Poll

The yearly Student Gallup Poll will take place on November 11 during 2nd period classes. This takes approximately 10 minutes. More information on the Student Gallup Poll can be found [here](#). If you would like to opt your child out of this survey please email Kate DeMarco at [demarco.kate@rrcs.org](mailto:demarco.kate@rrcs.org).

## DCNEO Update

The Diversity Center of Northeast Ohio (DCNEO) continues to partner with RRCSD and RRHS. This year, staff will be working on creating a building Diversity, Equity, Inclusion (DEI) Statement. We are currently brainstorming ideas as to how the DCNEO will present virtually to the freshman class.

## Yearbook Distribution

Yearbooks have arrived and are being distributed this week. If you did not order a yearbook but would like to purchase one please contact Kristen Kalinowski at [kalinowski.kristen@rrcs.org](mailto:kalinowski.kristen@rrcs.org).

## RRHS Named 2020 National Blue Ribbon School

RRHS was one of just 367 schools nationwide to earn the prestigious National Blue Ribbon School award that were announced on September 24. RRHS was recognized as an Exemplary High Performing School as one of the state's highest performing schools measured by state assessments or nationally normed tests. RRHS is one of just 16 schools in the state of Ohio – and the only high school – to earn the National Blue Ribbon award this year. RRHS has now earned the National Blue Ribbon School distinction three times (1997-98, 2012 & 2020).

### PIRATE NEWSLETTER

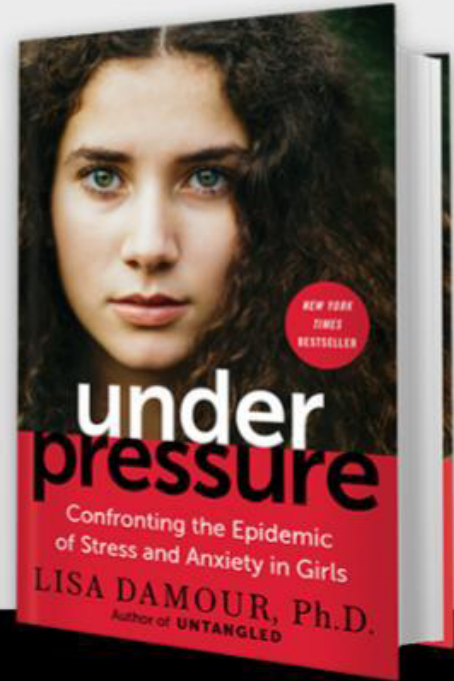
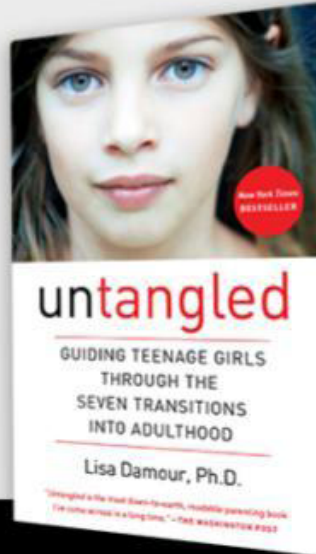
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20951 Detroit Rd., Rocky River OH, 44116  
440-356-6000  
[www.rrcs.org](http://www.rrcs.org)

**Rob Winton**, Principal  
**Brian Gergely** & **Heath Horton**, Assistant Principals  
**Mark Wagner**, Director of Athletics & Activities



# LISA DAMOUR, Ph.D.



## Rocky River City School District Virtual Town Hall series with Dr. Lisa Damour

Join us as Dr. Damour provides information and resources to help navigate your daily lives during this time of high stress, anxiety and disruption.

*The dates and topics for the Virtual Town Halls are:*

**September 24, 2020 @ 7 p.m.**

Managing Stress and Anxiety Under COVID-19

**November 4, 2020 @ 7 p.m.**

Helping Children and Adolescents Thrive in the Context of Chronic Stress

**February 4, 2021 @ 7 p.m.**

The Roots of Resilience: Cultivating Strength in Disruption

**March 25, 2021 @ 7 p.m.**

Under Pressure: Stress and Anxiety in Girls

These presentations are free and open to the public, however advance registration is required for each Virtual Town Hall. More information and registration links will be shared on the district website and district social media platforms.

Recognized as a thought-leader by the American Psychological Association, Dr. Damour has written numerous academic papers, chapters and books related to education and child development. She is the author of two New York Times best-selling books, a regular contributor to CBS News and contributes a monthly column to the New York Times.

Dr. Damour blends her years of experience with the latest research developments to provide sound, practical guidance to children and adolescents, as well as their parents, teachers and advocates.

**REGISTER ONLINE**

**CLICK HERE**