

Rocky River High School

Scheduling Classes for 2020-2021

- **Timeline:** Scheduling for the 2020-2021 school year will take place online this year. Students will have access to class registration starting on February 6th at midnight until February 14th at midnight.
- **Teacher Recommendations:** All students will receive teacher recommendations for the following classes: Math, English, Social Studies, Science and World Language. Recommendations will be sent to student's email accounts on February 3, 2020.
- Information and instructions on how to register for classes will be emailed to all parents and students prior to February 6, 2020. All information will be sent via email.

State Testing Changes

- The Ohio Department of Education has eliminated the ELA 1 test for all current freshman. With the elimination of ELA 1, current freshman will only be required to take and pass ELA 2 during their sophomore year.
- All current 10th-12th grade students are still required to take and pass the ELA 1 test for graduation.
- All current 10th-12th grade students are required to take and pass the following tests: ELA 1, ELA 2, Biology, US History, US Government, Algebra 1, and Geometry.
- All current 9th grade students are required to take and pass the following tests: ELA 2, Biology, US History, US Government, Algebra 1, and Geometry.

Basics of Mindfulness for Parents & Guardians

Are you willing to jump out of your comfort zone? What if we are bold enough to say that it may possibly be the most rewarding way to begin 2020? Peg Liberatore (GPS Counselor), Melissa Liberatore (Kensington Counselor) and Terri McNeely (RRMS Teacher) will teach you the <u>Basics of Mindfulness</u> through a series of videos, reflections, and hands on, interactive mindfulness practices. We will look at the most current research on mindfulness and the brain, provide tools for increasing emotional regulation, and prove the positive effects of practicing compassion and gratitude. You will walk away with ready to use strategies in your home. If interested, please email your RSVP to Peg Liberatore at <u>liberatore.peg@rrcs.org</u>. This event will be held on January 30th from 9:30am-11:00am at the Board of Education PD Center. We hope to see you there!

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<u>Rob Winton,</u> Principal <u>Brian Gergely</u> & <u>Heath Horton</u>, Assistant Principals <u>Mark Wagner</u>, Director of Athletics & Activities









