

PEERS® Social Skills Group for Adolescents



A Program for the Education and Enrichment of Relational Skills

Ages: 12 to 17

PEERS for Adolescents is an evidence-based social skills program for adolescents in middle and high school who are interested in making and keeping friends and/or handling conflict and rejection. Adolescents and parents attend 14 weekly group sessions for 90 minutes per week.

Participants are taught social skills through didactic lessons and role-play demonstrations and practice these skills during group socialization activities. Parents are taught how to assist adolescents in making and keeping friends. *(parent participation is required)*

Participants will learn about:

- Developing and maintaining friendships
- Conversational skills
- Entering and exiting conversations
- Appropriate use of humor
- Handling disagreements
- Electronic communication
- Being a good sport
- Organizing get-togethers
- Handling teasing and bullying
- Changing a reputation

If you are interested in participating in this program, scan the QR code or visit <https://redcap.ccf.org/redcap/surveys/> and use code NLCD4KNP9

