

Introducing Courage to Connect CLE!

www.couragetconnectcle.org

sensoryprocessingparents@gmail.com

Courage to Connect CLE brings together a supportive community for families who have children ages 3-6 experiencing our world through sensory processing differences.

We are Dan and Emily Ogilvy. We are early childhood educators with a combined experience of 20 plus years in a variety of environments that include the classroom, recreational setting, as well as coaching. We are parents of a child who is diagnosed with a Sensory Processing Difference and we would love to do nothing more than to help you and your family on your journey in any way that we can.

What is sensory processing?

The way the body takes in, analyzes, and reacts to information it receives from the environment through our eight senses. Yes, eight! We all have the auditory (hearing), olfactory (smell), oral (taste), vestibular (where our bodies are in space), proprioceptive (the way our bodies move), tactile (touch), visual (sight), and interoceptive (sense of body's physical condition) sensory systems. Integration of our senses is a very important part of child development, especially at a young age. Sensory experiences can be so powerful that they create new paths in the brain. No two children react exactly the same to the same sensory experiences and we all have seeking and avoiding behaviors to environmental stimuli. However, is the environment overwhelming for your child and limiting daily functioning? Does your child retreat from the environment? Or does your child constantly run into things? Is your child overly reactive to sounds, tastes, smells, or the touch of environmental experiences? Are you concerned about motor development? Or do you want to provide more sensory integration into your child's daily interactions?

If you answered yes to any of these questions or are concerned about how your child is developing reactions to the environment, please join us for any or all of the opportunities on the reverse side of this form for you and your child.

Opportunity #1: FREE Open House

Join us for our free Open Houses! We will introduce a sample of our exploratory sensory activities from our weekly programs! You will have a chance to reserve a spot for our weekly classes as well. Don't miss out because spots are limited! To RSVP, please send an email to sensoryprocessingparents@gmail.com.

Thursday, June 2 from 6-7PM at Old Firehouse (100 Avon Belden Road in Avon Lake)

Friday, June 10 from 10-11AM at the Avon Lake Library (32649 Electric Blvd in Avon Lake)

Opportunity #2: Weekly Mini-Sessions

Beginning Wednesday, June 29, we will offer four 60-minute sessions for a caretaker and a child (you must have one adult per child to participate). We will investigate all eight senses during these introductory sessions. You didn't know we had eight senses? Then you definitely need to join our discovery sessions! Take advantage of our introductory pricing while it lasts! **To register, please go to www.avonlake.org and click on "Parks and Recreation." Registration opens Monday, April 18. Don't miss out!**

Dates: June 29, July 6, July 13, and July 20

Time: 9:00-10AM

Ages: 3-5

Cost: \$40 (for all 4) or \$15 per individual session

Site: The Lake House (32756 Lake Road in Avon Lake)

Opportunity #3: Sensory Camp

Our Open House dates and Weekly Classes will lead up to our SUPERHERO Sensory Camp! (Each child must have a caretaker) **To register, please go to www.avonlake.org and click on "Parks and Recreation." Registration opens Monday, April 18. Don't miss out!**

Superhero Sensory Camp

Dates: Monday, July 25 – Thursday, July 28.

Time: 9:30-11AM

Ages: 3-6

Cost: \$60

Site: The Lake House (32756 Lake Road in Avon Lake)

Please visit our website www.couragetconnectCLE.org to stay up to date with current events, our journal and current research on Sensory Processing.

Send emails sensoryprocessingparents@gmail.com if you have any questions!