

COVID-19 Pandemic: Mental Health Resources for Parents

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/talking-with-children.html>

<https://kidshealth.org/en/parents/coronavirus-landing-page.html?WT.ac=p-ra>

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/healthy-parenting>

<https://childmind.org/coping-during-covid-19-resources-for-parents/>

https://www.aacap.org/AACAP/Families_and_Youth/Resource_Libraries/covid-19/resources_helping_kids_parents_cope.aspx

<https://www.unicef.org/parenting/coronavirus-covid-19-guide-parents>

<https://www.healthychildren.org/English/health-issues/conditions/COVID-19/Pages/Parenting-in-a-Pandemic.aspx>