

**2023-2024 Credit Flex Health**  
**Additional Requirements and Grading Calculations**

Online Health Credit Flexibility via Treca is a hybrid course consisting of online learning from an accredited institution (TRECA) and face-to-face meeting with a Rocky River High School teacher of record.

**Final Grade Calculation**

Percentage of Final Grade	Overview
87%	Grade posted for Health to TRECA Transcript
12%	Participation grade in 4 required morning session (3% each)
1%	Participation grade in 1 optional morning session (1% each)
100%	Total percentage if all three of the above categories are completed

TRECA Grade on Transcript	% Given for TRECA Grade	Required Seminar 1	Required Seminar 2	Required Seminar 3	Required Seminar 4	Optional Seminar 1	Potential Final Grade Range
A	87%	3%	3%	3%	3%	1%	99-100%
B	78%	3%	3%	3%	3%	1%	90-91%
C	69%	3%	3%	3%	3%	1%	81-82%
D	60%	3%	3%	3%	3%	1%	72-73%
F	52%	3%	3%	3%	3%	1%	64-65%

## Demonstration of Mastery of Standards

Ohio law requires schools to deliver instruction on many different topics. At Rocky River High School, several of these legal requirements take place during our one-semester health class, the class for which you are choosing to pursue flexible credit. The state requirements covered in our RRHS health course are:

- Instruction in the nutritive value of food, including natural and organically produced foods, the relation of nutrition to health, and the use and effects of food additives.
- Instruction in the harmful effects of and legal restriction against the use of drugs of abuse, alcoholic beverages, and tobacco.
- Instruction in venereal disease education.
- Violence in dating instruction, which shall include instruction in recognizing dating violence warning signs and characteristics of healthy relationships. (HB 19)
- Instruction on the dangers of prescription opioid abuse, with an emphasis on the prescription drug epidemic and the connection between prescription opioid abuse and addiction to other drugs, such as heroin. (HB 367)
- Instruction in hands-on CPR and AED training using “psychomotor skills”. This means each student must actually perform the procedure at some point during CPR and AED instruction. (HB 113)
- The process of making an anatomical gift under Chapter 2108 of the Revised Code, with an emphasis on the life-saving and life-enhancing effects of organ and tissue donation, and also including HB 438 organ donation. education requirements on how to make an informed decision about organ, eye and tissue donation.

Our review of the TRECA Health course syllabus reveals that further instruction is required beyond the content delivered in this online course in order for you to receive the following state-required material:

- Instruction on the dangers of prescription opioid abuse, with an emphasis on the prescription drug epidemic and the connection between prescription opioid abuse and addiction to other drugs, such as heroin. (HB 367)
- Violence in dating instruction, which shall include instruction in recognizing dating violence warning signs and characteristics of healthy relationships. (HB 19)
- Instruction in hands-on CPR and AED training using “psychomotor skills”. This means each student must actually perform the procedure at some point during CPR and AED instruction. (HB 113)
- The process of making an anatomical gift under Chapter 2108 of the Revised Code, with an emphasis on the life-saving and life-enhancing effects of organ and tissue donation, and also including HB 438 organ donation. education requirements on how to make an informed decision about organ, eye and tissue donation.

To this end, RRHS teachers and administrators have developed the following convenient schedule for students who are credit flexing health class via TRECA to receive the required instruction in order to receive credit for Health. In addition to completing your online coursework for your TRECA health course, please attend the required seminars, and optional seminar if interested, at the dates and times below in order to receive full credit for your Health CFP.

**2023-2024 Health Credit Flex Sessions Schedule**

**Room 1028 (Health Room)**

**7:00 a.m. - 7:55 a.m**

<b>Last Names A-K (Required)</b>	
<b>Date</b>	<b>Session Name</b>
9/13/2023	Opioids
9/20/2023	Relationship Violence
9/27/2023	CPR/AED/Anatomical Gift (Part 1)
10/4/2023	CPR/AED/Anatomical Gift (Part 2)
<b>Last Names L-Z (Required)</b>	
<b>Date</b>	<b>Session Name</b>
10/18/2023	Opioids
10/25/2023	Relationship Violence
11/1/2023	CPR/AED/Anatomical Gift (Part 1)
11/8/2023	CPR/AED/Anatomical Gift (Part 2)
<b>All Students A-Z (Optional)</b>	
<b>Date</b>	<b>Session Name</b>
11/15/2023	Self-Defense