



## HB 19 COMPLIANCE: 10<sup>th</sup> Grade Health

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Violence in dating is discussed in four different units, all occurring in sequence, starting with Mental Health, then Substance Use and Abuse, followed by Family and Relationships, and ending with Safety. Usually, the Mental Health unit begins near the start of the second quarter of the two quarters required for Health. Resources for these units ***pertaining to violence in dating*** are listed below, however current, situational information is used as well during presentations and discussions.

UNIT	TOPIC	RESOURCES	TIMEFRAME
<b>Mental Health</b>	<ul style="list-style-type: none"><li>• Appropriate and inappropriate coping strategies</li><li>• Means of self assertion</li><li>• Social anxiety disorder</li></ul>	<ul style="list-style-type: none"><li>• GAS Model</li><li>• Coping Through Awareness strategies</li><li>• School social worker/Community Challenge</li><li>• Text Lesson: 8-12</li></ul>	3 days
<b>Substance Use and Abuse</b>	<ul style="list-style-type: none"><li>• Alcohol and drug use</li></ul>	<ul style="list-style-type: none"><li>• General information</li><li>• DARE Officer presentation</li><li>• Text Lesson: 37, 39, 41</li></ul>	2 days
<b>Family and Relationships</b>	<ul style="list-style-type: none"><li>• Characteristics important in a relationship</li></ul>	<ul style="list-style-type: none"><li>• Handout on Personal Assessment</li><li>• Text Lesson: 13-14, 15-17</li></ul>	1 day
<b>Safety</b>	<ul style="list-style-type: none"><li>• Violence and abuse in relationships</li></ul>	<ul style="list-style-type: none"><li>• BST Self Awareness Program</li><li>• Video and discussion on relationship issues</li><li>• Text Lesson: 63-66</li></ul>	3 days